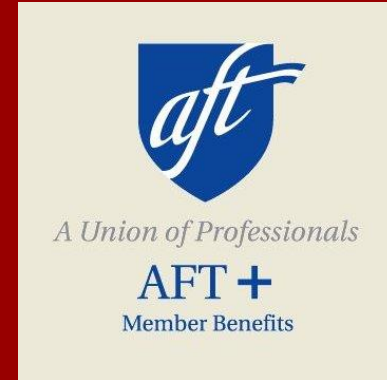


UNION MEMBER BENEFITS



**Easy access to all NEA, AFT,
NYSUT, and BSCTA benefits.**

NEA: <https://www.neamb.com/>

AFT: <https://www.aft.org/members-only>

NYSUT: <https://memberbenefits.nysut.org/>

BSCTA: <https://bayshoreteachers.org/content/benefits-and-discounts>



- **Life Insurance:** Register and select “Complimentary Life Insurance” and assign a beneficiary. You are now registered for thousands of dollars of free life insurance from the NEA: <https://www.neamb.com/products/nea-complimentary-life-insurance>
- **Banking and Lending:** [neamb.com/year-round-savings](https://www.neamb.com/year-round-savings)
- **Mortgage/Refinance:** <https://www.neamb.com/products/home-loans>
- **Everyday Items:**
 - 20% off flowers and gifts: [neamb.com/flowers](https://www.neamb.com/flowers)
 - Restaurants, electronics, movies tickets home products (from Lowes to Etsy:) [neamb.com/clickandsave](https://www.neamb.com/clickandsave) or [neamb.com/dine-out](https://www.neamb.com/dine-out)

Questions?? Contact Mike Reilly: mreilly@neamb.com or 877-577-8832

NEA BENEFITS (continued)

★ Home and Auto Insurance (Same as NYSUT)

- ★ Homeowners insurance: [neamb.com/homeowner-savings](https://www.neamb.com/homeowner-savings)
- ★ Car repairs: <https://www.neamb.com/your-car>
- ★ Spring chores: [neamb.com/hg-checklist](https://www.neamb.com/hg-checklist)
- ★ Auto buying savings off of MSRP (avg. discount: \$3,383): [neamb.com/autobuying](https://www.neamb.com/autobuying)

★ Travel:

- ★ Inside travel trip: <https://www.neamb.com/products/vacations-and-tours>
- ★ Vacations to book airfare, hotels, cruises and resorts at low prices: [neamb.com/neavacations](https://www.neamb.com/neavacations)
- ★ Travel in groups: <https://www.neamb.com/travel-and-vacations>

★ Investment and Retirement: [neamb.com/retirement-planning](https://www.neamb.com/retirement-planning)

Questions?? Contact Mike Reilly: mreilly@neamb.com or 877-577-8832



A Union of Professionals
AFT+
Member Benefits

AFT MEMBER BENEFITS



A Union of Professionals
AFT+
Member Benefits

- **Save on Airfare:** discounted fares with Southwest, Delta, and other airlines. <https://www.aft.org/member-benefits/aft-travelentertainment>
- **Identity Theft Protection:** CLC ID Protect. <https://www.aft.org/member-benefits/aft-legal-and-financial-services/identity-theft-protection>
- **Entertainment:** heavily discounted tickets at theme parks, concerts, and sporting events. <https://www.aft.org/member-benefits/aft-travelentertainment>
- **Insurance:** discounted auto, home, and life insurance. <https://www.aft.org/member-benefits/insurance>
- **Mortgage Discounts**- both existing and new mortgage discounts. <https://www.aft.org/member-benefits/mortgage-home-services>

More AFT Benefits...

- **Car and Truck Rental Discounts**- discounts with Budget and other rental companies. <https://www.aft.org/member-benefits/aft-travelentertainment>
- **Hotel/Vacation Discounts**: up to 20% savings on best available rates at 7,770 hotels. <https://www.aft.org/member-benefits/aft-travelentertainment>
- **AFT/Union Plus Scholarships**: Union members' dependents can apply; up to \$8,000 in aid. <https://www.aft.org/member-benefits/education-learning-opportunities>
- **AFT members only**: <https://www.aft.org/members-only>

NYSUT MEMBER BENEFITS

- **SHOPPING:** <https://memberbenefits.nysut.org/program-service/shopping-travel/online-shopping>
 - 1800Flowers.com (and its other companies)- 20% off any order. Log in at the above site and enter "NYSUTMB".
 - Office Max/Office Depot-average savings of 30%.
 - Buyer's Edge: major discounts (vehicles, furniture, appliances).
 - Purchasing Power Program- easy online shopping/pay over time
- **Abenity:** discounts at movies, restaurants, travel, theme parks, sporting events, and concerts. <https://nysutmbe.abenity.com/>
- **Online Defensive Driving:** heavily discounted online course: www.safetyserve.com
- **Heat USA:** discounts on heating oil and propane. <https://heatusa.com/nysut/>
- **TRAVEL:** <https://memberbenefits.nysut.org/program-service/shopping-travel/travel-and-tours>
 - Alamo, Avis, Budget, Enterprise, Hertz, and National discount their passenger car rental rates.
 - Grand Circle Travel: NYSUT members & their families have the opportunity to save \$100 per person on group tours or even travel for



Bay Shore Classroom
Teachers' Association

MEMBER BENEFITS

- **Excess Major Medical**- supplemental medical coverage (contractual)
<https://bayshoreteachers.org/sites/default/files/supplementalbenefits.pdf>
- **TicketsatWork**-discounted tickets. Company Code:**BSCTA**
<https://www.ticketsatwork.com/tickets/>
- **Long Island Teachers' Benevolent Fund** (linked on our website):
 - Military Service Grants**- up to \$600 for income assistance.
 - Burial Award**- up to \$600 in funeral assistance.
 - Len Motisi Memorial Scholarship**- members with a H.S. Senior can Apply for scholarship money.
 - Grant for Catastrophic Loss**- members who are in dire need of assistance due to extraordinary loss.

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vision care benefits

in-hospital **private duty nursing**

out-of-network outpatient rehabilitation

nursing home benefit

in-hospital benefit for employees only

AD&D benefit for employees only



THE FIRST REHABILITATION LIFE INSURANCE COMPANY OF AMERICA

A.M. Best Rating  A- (Excellent)

MORE BSCTA BENEFITS...

- **BSCTA PDF**: annual conference/course reimbursement (contractual).
- **Defensive Driving**: December and June at the BSCTA Office (\$35 per person, including dinner, snacks, and refreshments).
- **Eyeglass/Vision Exam Reimbursement**: \$100 per school year (contractual).
- **Employee Assistance Program**:
<https://www.licadd.org/eap> or 1-800-585-5422.
- **AFLAC Short-Term Disability Plan**: available through payroll deduction (contractual).

LEGAL PLAN: FELDMAN, KRAMER, AND MONACO

LEGAL PLAN

NYSUT GROUP LEGAL ACCESS PLAN- Effective 9/1/2013-6/30/21

Feldman, Kramer and Monaco
330 Motor Parkway
Hauppauge, NY 11788
631-231-1450

COVERAGE:	Plan Member, Spouse, Domestic Partner, Dependent Parent, Dependent Child <19 or <25 if full-time student.
OFFICE CONSULTATIONS:	(2) <i>one</i> hour long consultations per year: FREE
WILL DAY:	Estate Planning Seminar includes Simple Will, Living Will, Health Care Proxy, and Power of Attorney with Reciprocal Simple Will: FREE
REAL ESTATE:	Primary residence, sale or purchase: \$850 for transactions< \$250K \$1,025 for transactions \$250-\$500K \$1,325 for transactions> \$500K Mortgage Refi: \$425
MARITAL:	Separation: (Uncontested): \$900 Divorce (Uncontested): \$900-\$1,700 *Member only
NAME CHANGE:	Uncontested Name Change: \$550
IDENTITY THEFT:	Advice and formulation of dispute letters: FREE
BANKRUPTCY:	(Chapter 7): \$1,425
MORTGAGE FORECLOSURE:	Prior to litigation: Doc Review, Contact with Lender, and Short Sale Options: FREE
DWI/TRAFFIC VIOLATIONS:	DWI (first offense including two appearances): \$1,050 Traffic Violation: \$700 (first offense)
PROBATE/ESTATE ADMIN:	30% reduction- call for more information. *Member only
PERSONAL INJURY:	20% discount off contingency fees
OTHER LEGAL PLAN SERVICES:	Legal Letters: FREE Telephone Advice Unlimited: FREE Document Review (contracts up to 6 pages): FREE

All other legal matters are at a reduced hourly rate.

****PLEASE TURN OVER FOR MORE UNION BENEFITS.****

Since 1999....UNION ONLY



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Active, Retired & Their Families

Mortgage Loan Cost

Application Fee	\$0	No Borrower Paid	
Appraisal Fee*	\$0	Points to Us	\$0
Processing Fee	\$0	No Borrower Paid	
Credit Report Fee	\$0	Broker Fees	\$0

TOTAL Members Mortgage Fees = \$0

*reimbursement to max of \$350

Rates are low! Save \$1000's!

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MENTAL HEALTH

1. NYSUT is making a 46 minute version of a film, "Addiction Lives in Darkness".
2. **NYSUT Social Services:** Free to active and retired members; will help you understand your E.A.P. or provide referrals, including treatment for addiction. socsvcs@nysutmail.org
3. **AFT:** launched an online program, "Combating the Opioid Crisis". aftelearning.org/group/61
4. **New York State HOPEline** provides referrals and treatment available 24 hours a day, 365 days a year 877-8-HOPENY or text HOPENY
5. New York State Office of Alcoholism and Substance Abuse Services offers several services, including #combataddiction (working alongside NYSED). Tips for education and families. Visit combataddiction.ny.gov

NYS MENTAL HEALTH SHEETS

Local Emergency Phone Numbers: Crisis Intervention Services

In Nassau County:

Mobile Crisis Intervention Team for Adults and Children
911 Emergency Services
Nassau University Medical Center Psychiatric Emergency Room
NUMC Chemical Dependency Detoxification (DETOX) Unit
Intensive In-Home Services for Family and Children
South Shore Child Guidance Center

516-227-TALK (8255)
Dial 911
516-572-4775
516-572-6394
516-868-3030

Crisis Residential Services for Children:
Mental Health Association of Nassau County

516-489-0100, Ext. 1318

Nassau County Directory of Mental Health Services
<https://www.nassaucountyny.gov/DocumentCenter/View/1737/Directory-of-Mental-Health-Services-for-Children-and-Adults?bidl=>

Nassau County Office of Mental Health, Chemical Dependency
and Developmental Disabilities
Omaya Perez, LCSW-R - Director
60 Charles Lindbergh Blvd. Suite 200
Uniondale, NY 11553-3687

516-227-7057, Fax: 516-227-7076

In Suffolk County:

Suffolk County Crisis Response
DASH (Diagnostic, Assessment, and Stabilization Hub)
90 Adams Ave., Hauppauge, NY 11788

631-952-3333

CPEP Program at Stony Brook (Psychiatric ER)
Domestic Violence, Sexual Assault 24-hr. Hotline
LICADD substance abuse Hotline 24-hr. Hotline
Response Hot Line - www.responsehotline.org
Suicide Prevention Lifeline

631-444-6050
631-360-3606
631-979-1700
631-751-7500
631-800-273-TALK (8255)

Crisis Residential Services for Children:
Sagamore Children's Center

631-370-1701

Suffolk County Directory for Mental Health Services
<https://www.suffolkcountyny.gov/Portals/0/FormsDocs/Health/MentalHygiene/2019%20Directory%20of%20Behavioral%20Health%20Services.pdf>

Suffolk County Division of Mental Hygiene
AnnMarie Csorny, LCSW - Director
725 Veterans Memorial Highway,
Hauppauge, NY 11788

631-853-3108, Fax: 631-853-3117



Office of
Mental Health

Hope. Recovery. Resilience.

Andrew M. Cuomo, Governor

Ann Marie T. Sullivan, MD, Commissioner

Are you experiencing a crisis? Don't have a mental health provider or can't reach them?

Fortunately, there are many organizations that offer help for people going through a difficult time. They can be an important first step in getting the help you need. Some hotlines that can help you find support and services:

National Suicide Prevention Lifeline

If your life or someone else's is in imminent danger, please call 911. If you are in crisis and need immediate help, please call: 1-800-273-TALK (8255).

Crisis Text Line

New York State has partnered with Crisis Text Line, an anonymous texting service available 24/7. Starting a conversation is easy. Text GOTS to 741741.

Domestic Violence

If you or someone else is in a relationship being controlled by another individual through verbal, physical, or sexual abuse, or other tactics, please call: 1-800-942-6906.

National Empowerment Center

An advocacy and peer-support organization run by consumers and ex-patients in recovery. Call: 800-power2u (800-769-3728)

National Alliance on Mental Illness

NAMI offers a hotline (1-800-950-NAMI (6264) and email address (info@nami.org) to help answer your questions about local support groups, services and treatment options.

The Trevor Project

Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth. Call: 1-866-488-7386.

Find a mental health program

You can use the OMH "Find a Mental Health Program" guide (<https://my.omh.ny.gov/bi/pd/>) to find clinic, outpatient, crisis, and emergency services in your area. The Program Directory provides a list of all programs in New York State that are operated, licensed, or funded by the Office of Mental Health. The directory provides information on all types of mental health services.

Know your rights for insurance coverage

New York State has a new program to help people access their insurance coverage for substance use disorders and mental health services. The new Ombudsman Program, called **Community Health Access to Addiction and Mental Healthcare Project (CHAMP)** can help you better understand your legal rights to behavioral health insurance coverage and help you to access treatment and services. The Ombudsman's Office can also help with health insurance coverage. A general mailbox (Ombuds@oosos.ny.gov) and a hotline number (888-614-5400) have been established for questions.

Remember, it's OKAY to seek support.

Far too many people who have behavioral health concerns for themselves or their family members are reluctant to seek advice or treatment because of the stigma surrounding mental illness. Fortunately, that is changing. People are realizing that mental illness is not a weakness or personal failing. There is no shame in seeking out mental health services, just as there's no shame in seeking medical treatment for high blood pressure, diabetes, or physical rehabilitation.

The New York State Office of Mental Health operates psychiatric centers across the state, and also regulates, certifies and oversees more than 4,500 programs, which are operated by local governments and nonprofit agencies. To contact OMH or one of its Field Offices located across the state:

New York State Office of Mental Health
Albany 800-597-8481, www.omh.ny.gov

Long Island Field Office
West Brentwood 631-761-2508

New York City Field Office
Manhattan 212-330-1650

Hope. Recovery. Resilience.



Office of
Mental Health

OTHER REMINDERS/Q & A:

- BSCTA Remind Text Updates
- Monthly emails ("The Answer")
- BSCTA Apparel:
agpestores.com/prideembroidery/groupproducts.php?prodgroup_id=19950&prodgroupbypass=true
- General communication (Use your private email and your building reps!)
- Other helpful links: <https://bayshoreteachers.org/links>